

**At a glance, we do as much
or as little as you need.**

Mobility

- Transportation
- Walking pets
- Grocery shopping
- Walk for exercise

Housekeeping

- Laundry
- Dusting
- Vacuuming
- Dishes
- Windows
- Changing linens
- Meal preparation

Personal Care

- Bathing
- Shaving
- Make-up
- Choosing clothes
- Incontinence management

Reminders

- Medication
- Paying bills
- Dr. appointments
- Pet assistance

Escorts

- Attend organized functions
- Attend medical appointments
- Run errands
- Attend meals
- Socialize with friends
- Grocery shop
- Go to the bank
- Pursue personal interests

Companionship

- Play games
- Pursue hobbies
- Conversation
- Reading
- Sorting mail

Nursing Services

- Medication set up
- B-12 injections
- Consultation
- Vital sign check
- Physician interaction/coordination
- Wound care
- Ostomy care
- Catheter care
- Diabetes management

OUR VISION

A society where all elders are respected, productive, secure and fulfilled.

PURPOSE

To enrich the lives of older adults, ease the stress of their adult children, and to enable older adults to remain safely and independently in their place of choice.

Call: 314-726-5766

E-mail: caringinfo@standrews1.com

St. Andrew's Senior Solutions

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An affiliate of
St. Andrew's Resources for Seniors System.



St. Andrew's
SENIOR SOLUTIONS

Preferred Personal Services

THE CHOICES YOU WANT. THE SOLUTIONS YOU NEED.

Serving Seniors and Caregivers since 1981

Worry less.™

CHOOSE TO STAY INDEPENDENT.

A little help can go a long way. Sometimes the smallest chore can limit independence and cause concern. To help, St. Andrew's Senior Solutions created Preferred Personal Services, an a la carte support program designed to offer seniors residing in independent, assisted living and skilled nursing communities easy access to a little extra help.

Working together to offer more. St. Andrew's Retirement communities are exceptional at eliminating most of the worries associated with being a homeowner. But even in a safe and secure community environment, unique needs arise. St. Andrew's residential communities and Preferred Personal Services work together to make sure that there is a solution to all the needs, large or small.

"St. Andrew's has been there for me every step of the way when it comes to giving the best service and care for our residents. Keeping our residents healthy, happy and independent is our goal, and with St. Andrew's services we are able to accomplish this mission."

Heather S.
Executive Director,
Tower Grove Manor

"Your service has provided a safety-net, which is good for Mom and the rest of the family."

Michael W.
Client's Son



"Karen and Ingrid were fantastic, caring, reliable and trustworthy, and every other good thing I can say. In two years, they never missed one day. My Mom loved them, and I could rely on them."

Samantha O.
Client's Daughter

UNIQUE PROGRAM FITS YOUR PERSONALIZED NEEDS.

Just ask. Need help walking your dog, getting to and from the dining room or with medication reminders? You're not alone. Just let us know what you need help doing and we'll take it from there. Use as little as 15 minutes to as much as 24 hours. Worry less.

Consistent care. Being invited into your life to provide a little help is an honor that we hope becomes a friendship. Whether your request is for transportation or personal care assistance, take comfort in knowing Senior Solutions will be there to help you every time. All of our caregivers are carefully screened, trained, bonded and insured to provide you with the safety and security you expect and deserve.

SAVE TIME AND MONEY.

The little things can make a big difference. Home, safe home.

It is possible with St. Andrew's Senior Solutions. Preferred Personal Services is just one of many assistance programs that takes good care one step further. Since 1981, our mission-driven spirit guarantees we meet the highest standards of care. We offer assistance for everything from daily chores to 24/7 live-in care. Plus, we go one step further by offering help to family caregivers. To learn more, visit us online at www.standrewsseniorsolutions.com or call 314-726-5766.



"I needed help immediately and I received it from St. Andrew's. Thanks to their great staff, my services were fantastic."

Betty H.
Client

"I feel that I cannot get my day going without a St. Andrew's caregiver."

Juanita M.
Client